

Colby Keene

Campus Recreation Coordinator



Jessica: What do you do? How does your role serve students?

Colby: I manage our fitness center, game-room, sports courts, and provide recreational programming both on and off campus. I also manage our wellness facilities that serve our students' health and wellness goals. I provide programming such as hiking, league sports, and workshops that students can participate in.

Jessica: How long have you been an Otter?

Colby: I have been at South since 2002.

Jessica: What do you love about South?

Colby: A lot! Mostly the students and the wide range of experiences, challenges and goals that come with them. I also appreciate my peers and the great community of folks I work along side with.

Jessica: What is something that you are enjoying doing right now?

Colby: Moving into a new home. Not the moving part so much, but rather the time I will spend making memories in the home with my kids.

Jessica: Could you share something you learned that you wish you knew sooner in your academic career?

Colby: I learned that you can never be too prepared. It's never too early to get books or preview courses and professors. Also, to not rely on natural gifts. Hard work creates better results and more opportunities.

Jessica: Could you share a bit about your academic/career journey? How did you come to your current position? (If you would like to share)

Colby: I got my first job when I was 10. I was a paperboy and delivered 7 days a week. I have been working ever since. Life offers different learning opportunities. I have learned knowledge and skills not available in traditional classrooms. I have had mentors with great knowledge in their respective fields and were kind enough to share with me life's work that they possessed.

My athletic journey contributed a lot to where I am at today. School was just an add on of academic knowledge to what would ultimately help open other opportunities.

And yes, Go Huskies!

Jessica: Anything else you would like to share about yourself?

Colby: I love Muay Thai and other forms of martial arts.